

# The Counseling Collaborative

Dawn Nuding, LCPC, ATR  
1489 State Highway 102, Bar Harbor, ME 04609  
(207)288-3388

## Disclosure Statement

Office Hours: Monday– Thursday 9am - 5pm

### **Licensure:**

License type: Licensed Clinical Professional Counselor (LCPC) License#: CC4374

Issue date: 11/20/2018 Expiration: 11/30/2020

### **Degrees:**

Name of Degree: Masters of Art in Art Therapy Date conferred: 1/31/12

Area of study: Art Therapy Institution: Saint Mary-of-the-Woods College

Name of Degree: Bachelor of Fine Art Date conferred: 5/2004

Area of study: Fine Art with a concentration in Sculpture Institution: Pratt Institute

### **Areas of Competence:**

My approach to working with clients is strengths-based with a focus on resiliency. I believe that everyone has the ability to bounce back from adversity and that we have inherent strengths that help us to cope and thrive. In counseling I work with clients using Art Therapy, Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI) and mind-body techniques to foster strengths and promote healthy change.

I have experience working with children (elementary age), adolescents, adults and families in both individual and group settings. My areas of treatment specialty include substance use disorders, co-occurring substance use and mental health issues, trauma, depression, anxiety and ADHD.

### **Accountability:**

The practice of counseling is regulated by the Board of Counseling Professionals Licensure. The board is authorized by law to discipline counselors who violate the board's law or rules. To learn about the complaint process, or to file a complaint, contact:

Complaint Coordinator  
Office of Licensing & Regulations  
35 State House Station  
Augusta, ME 04333  
(207)624-8660  
Web: [www.maine.gov/professionallicensing](http://www.maine.gov/professionallicensing)

**Admission Policies:**

All persons interested in counseling will undergo an initial intake process. Treatment issues and strengths are identified at this time. An individualized treatment plan based on the client's specific strengths including goals, and objectives will be established. Diagnosis and treatment will be a collaborative effort between client and counselor with regular progress reviews. If further clarification is needed, a full clinical bio-psycho-social assessment will be completed (\*Note all MaineCare clients will complete a full assessment based on insurance requirements). Typical sessions are based on a 50 minute hour. Extended sessions are available.

All information that is obtained is strictly confidential. See Dawn Nuding, LCPC, ATR's Privacy Practices for the exceptions to confidentiality.

**Fee Schedule & Billing:**

Assessment (1-1/2 to 2 hours):	\$160.00
Individual (1 hour):	\$120.00
Family (1 Hour):	\$145.00
Group (1-1/2 hour):	\$80.00

Payment is due at the time the service is provided, unless other arrangements have been made.

If desired, in network insurance companies will be billed directly for services and the client will be charged the co-pay balance (which depends on the client's specific insurance coverage). Private insurance will be billed using a Billing Specialist. Client may contact Stacey Medina directly with any billing questions (Phone: 207-409-0630).

Dawn Nuding, LCPC, ATR processes MaineCare claims through Cornerstone Behavioral Health.

It is the client's responsibility to check with all other insurance providers about out of network coverage. Co-pays and out of pocket payments are required at the time of service.

\*\*Clients are responsible for payment if their insurance company does not pay. If payment is not received in a timely manner, the bill will be sent to a collection agency.

**Cancellation Policy:**

After 3 cancelled or missed appointments, therapy will need to be terminated or renegotiated. A \$50 cancelation fee will be charged if appointments are not canceled 24 hours prior to the scheduled time. This fee may be waived for emergencies at the discretion of Dawn Nuding, LCPC, ATR.

**Clients have the right:**

- To expect the counselor has met the licensure requirements of state law and rule;
- To examine a counselor's licensing credentials;
- To obtain a copy of the Code of Ethics from the Board of Counseling Professionals Licensure;
- To file a complaint against a clinical counselor with the board;
- To be informed of the cost of professional services before receiving services;
- To expect complete confidentiality except as required by law; and
- To refuse any recommended services and to be advised of the consequences of this action.