

THE COUNSELING COLLABORATIVE

PRESENTS

Courageous Conversations: The Art of Communication

Friday, February 9, 2018 - 9am-11am

Machias Savings Bank: Community Room

96 Cottage Street, Bar Harbor, ME

Communication is an essential life skill that causes many challenges for people's relationships. Few of our clients get much education about how best to have difficult conversations. Whether you work with couples and families, or want to better support your individual clients, this workshop will provide practical lessons about the art of communication. You will develop skills, methodology and insights for how navigate disagreement and discomfort.

2 Continuing Education Hours



Dennis Kiley is a therapist at the The Counseling Collaborative who works with individuals and couples. He is also a yoga teacher, group facilitator and founder of the EcoPsychology Initiative.

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Registration Fee \$49
Pre-Registration Encouraged
(\$59 after 2/5/18)